

Scrimmage Schedule

Date	Time	Home School	Visting School	Level
08/31/19	9:00	Plainview JFK	North Shore	Varsity / JV
08/31/19	8:30	Wantagh	East Meadow, Massapequea, Kellenberg	Varsity
08/31/19	9:00 AM	Hewlet	Baldwin, W. Hemp, Port	Varsity
08/31/19	9:00 AM	Carey HS	Freeport	Varsity
08/31/19	9:00 AM	Calhoun	VSN, Roos, Westbury, Seaford	Varsity
08/31/19	9:30	Lynbrook (Marion St)	Clarke, Locust Valley, Levittown	Varsity
08/31/19	9:30 AM	Hicksville	Island Trees	Varsity
08/31/19	9:30	Garden City	CSH, Lawrence, St. John The Baptist	Varsity
08/31/19	9:00 AM	Manhasset	South Side, Valley Stream South , Mepham	Varsity
08/31/19	9:30	Herricks	Mineola, Carle Place	Varsity
08/31/19	9:30	Calhoun	Westbury, Roosevelt, VSN, Seaford	Varsity
08/31/19	10:00:00 AM	Long Beach	Holy Trinity	Varsity
08/31/19	9:30 AM	Hicksville	Island Trees	JV
08/31/19	10:00	West Hempstead	Hewlett, Port Washington	JV
08/31/19	10:30	South Side	Mepham	JV
09/03/19	04:30:00 PM	Wantagh	West Hampton	Varsity
09/04/19	5:00	Plainedge	Freeport	Varsity
09/06/19	4:30	Wantagh	Mepham	Varsity
09/06/19	4:30	Hewlett	Manhasset	Varsity
09/06/19	3:45	East Rockaway	Mineola	Varsity
09/06/19	4:00	West Hempstead	Glen Cove	Varsity
09/06/19	4:30	Wantagh	Mepham	Varsity
09/06/19	5:30	South Side	Long Beach	Varsity
09/06/19	4:15	Clahoun	Elmont	Varsity
09/06/19	05:00:00 PM	Westbury	Oyster Bay	Varsity
09/06/19	4:30	Mepham	Wantagh	JV
09/07/19	10:00	Levittown	CSH	Varsity
09/07/19	9:00	Bellmore JFK	North Shore	Varsity
09/07/19	10:30	Locust Valley	Port Washington	Varsity
09/07/19	10:00	Plainedge	Massapequa	Varsity

09/07/19	9:00	VS Central (@ VS Memorial JHS)	Syossett	Varsity
09/07/19	9:30	Herricks	Plainview JFK	Varsity
09/07/19	10:00	Carle Place	Valley stream South	Varsity
09/07/19	9:00	Manhasset	Hewlett	JV
09/07/19	10:00	CSH	Levitown	JV
09/07/19	10:00	West Hempstead	Glen Cove	JV
09/07/19	9:00	North Shore	Bellmore JFK	JV
09/07/19	10:30	Locust Valley	Port Washington	JV
09/07/19	10:00	Massapequea	Plainedge	JV
09/07/19	9:00	Syosset	Valley Stream Central	JV

Regular Season Schedule

Day	Date	Time	Home	Visitor	Facility
Sat	9/14/2019	02:00PM	PORT WASHINGTON HS	FREEPORT HS	
Sat	9/14/2019	02:00PM	HEMPSTEAD HS	OCEANSIDE HS	
Sat	9/14/2019	02:00PM	FARMINGDALE	SYOSSET HS	
Sat	9/14/2019	02:00PM	MASSAPEQUA HS	BALDWIN HS	
Sat	9/14/2019	02:00PM	WESTBURY HIGH SCHOOL	UNIONDALE HS	
Sat	9/14/2019	02:00PM	HICKSVILLE HS	PLAINVIEW JFKHS	
Sat	9/14/2019	02:00PM	CARLE PLACE HS	COLD SPRING HARBOR HIGH SCHOOL	
Sat	9/14/2019	02:00PM	MALVERNE HS	SEAFORD HS	
Sat	9/14/2019	02:00PM	CLARKE HS	EAST ROCKAWAY	
Sat	9/14/2019	02:00PM	LOCUST VALLEY HS	VS SOUTH HS	
Sat	9/14/2019	02:00PM	FRIENDS ACADEMY	WEST HEMPSTEAD HS	
Sat	9/14/2019	02:00PM	OYSTER BAY HS	ISLAND TREES HS	MEMORIAL FLD.
Sat	9/14/2019	02:00PM	EAST MEADOW HS	MANHASSET HS	
Sat	9/14/2019	02:00PM	VS CENTRAL HIGH SCHOOL	NEW HYDE PARK HS	MEMORIAL JHS
Sat	9/14/2019	02:00PM	KENNEDY BELLMORE HS	HERRICKS HS	
Sat	9/14/2019	02:00PM	GARDEN CITY HS	LONG BEACH HS	
Sat	9/14/2019	02:00PM	SEWANHAKA HS	ELMONT HIGH SCHOOL	
Sat	9/14/2019	02:00PM	MAC ARTHUR HS	CALHOUN HS	
Sat	9/14/2019	02:00PM	HEWLETT HS	GLEN COVE HS	
Sat	9/14/2019	02:00PM	FLORAL PARK HS	NORTH SHORE HS	

Sat	9/14/2019	02:00PM	PLAINEDGE HS	MINEOLA HS	
Sat	9/14/2019	02:00PM	WANTAGH HS	VS NORTH HS	
Sat	9/14/2019	02:00PM	LEVITTOWN DIVISION	BETHPAGE HS	
Sat	9/14/2019	02:00PM	SOUTH SIDE HS	LAWRENCE HS	
Sat	9/14/2019	03:00PM	CAREY HS	MEPHAM HS	
Sat	9/14/2019	03:00PM	ROOSEVELT HS	LYNBROOK HS	ROOSEVELT HS
Sat	9/21/2019	02:00PM	FREEPORT HS	MASSAPEQUA HS	
Sat	9/21/2019	02:00PM	OCEANSIDE HS	FARMINGDALE	
Sat	9/21/2019	02:00PM	UNIONDALE HS	HICKSVILLE HS	
Sat	9/21/2019	02:00PM	BALDWIN HS	PLAINVIEW JFKHS	
Sat	9/21/2019	02:00PM	SYOSSET HS	PORT WASHINGTON HS	
Sat	9/21/2019	02:00PM	HEMPSTEAD HS	WESTBURY HIGH SCHOOL	
Sat	9/21/2019	02:00PM	COLD SPRING HARBOR HIGH SCHOOL	LOCUST VALLEY HS	
Sat	9/21/2019	02:00PM	SEAFORD HS	CLARKE HS	
Sat	9/21/2019	02:00PM	WEST HEMPSTEAD HS	OYSTER BAY HS	
Sat	9/21/2019	02:00PM	VS SOUTH HS	ISLAND TREES HS	
Sat	9/21/2019	02:00PM	MALVERNE HS	FRIENDS ACADEMY	
Sat	9/21/2019	02:00PM	LONG BEACH HS	SEWANHAKA HS	LONG BEACH MS
Sat	9/21/2019	02:00PM	MANHASSET HS	KENNEDY BELLMORE HS	
Sat	9/21/2019	02:00PM	HERRICKS HS	CAREY HS	
Sat	9/21/2019	02:00PM	EAST MEADOW HS	MAC ARTHUR HS	
Sat	9/21/2019	02:00PM	NEW HYDE PARK HS	MEPHAM HS	
Sat	9/21/2019	02:00PM	VS CENTRAL HIGH SCHOOL	CALHOUN HS	MEMORIAL JHS
Sat	9/21/2019	02:00PM	MINEOLA HS	LEVITTOWN DIVISION	HAMPTON STADIUM
Sat	9/21/2019	02:00PM	LYNBROOK HS	FLORAL PARK HS	MARION ST.
Sat	9/21/2019	02:00PM	NORTH SHORE HS	WANTAGH HS	
Sat	9/21/2019	02:00PM	ROOSEVELT HS	SOUTH SIDE HS	
Sat	9/21/2019	02:00PM	GLEN COVE HS	VS NORTH HS	
Sat	9/21/2019	02:00PM	PLAINEDGE HS	BETHPAGE HS	
Sat	9/21/2019	02:00PM	HEWLETT HS	LAWRENCE HS	
Sat	9/21/2019	03:00PM	EAST ROCKAWAY	CARLE PLACE HS	
Sat	9/21/2019	03:00PM	GARDEN CITY HS	ELMONT HIGH SCHOOL	

Sat	9/28/2019	02:00PM	SYOSSET HS	FREEPORT HS	
Sat	9/28/2019	02:00PM	OCEANSIDE HS	BALDWIN HS	
Sat	9/28/2019	02:00PM	FARMINGDALE	UNIONDALE HS	
Sat	9/28/2019	02:00PM	PLAINVIEW JFKHS	MASSAPEQUA HS	
Sat	9/28/2019	02:00PM	HICKSVILLE HS	HEMPSTEAD HS	
Sat	9/28/2019	02:00PM	WESTBURY HIGH SCHOOL	PORT WASHINGTON HS	
Sat	9/28/2019	02:00PM	EAST ROCKAWAY	COLD SPRING HARBOR HIGH SCHOOL	
Sat	9/28/2019	02:00PM	CLARKE HS	WEST HEMPSTEAD HS	
Sat	9/28/2019	02:00PM	ISLAND TREES HS	LOCUST VALLEY HS	
Sat	9/28/2019	02:00PM	OYSTER BAY HS	MALVERNE HS	MEMORIAL FLD.
Sat	9/28/2019	02:00PM	FRIENDS ACADEMY	CARLE PLACE HS	
Sat	9/28/2019	02:00PM	MEPHAM HS	SEWANHAKA HS	
Sat	9/28/2019	02:00PM	CALHOUN HS	MANHASSET HS	
Sat	9/28/2019	02:00PM	CAREY HS	GARDEN CITY HS	
Sat	9/28/2019	02:00PM	NEW HYDE PARK HS	HERRICKS HS	
Sat	9/28/2019	02:00PM	ELMONT HIGH SCHOOL	LONG BEACH HS	
Sat	9/28/2019	02:00PM	MAC ARTHUR HS	VS CENTRAL HIGH SCHOOL	
Sat	9/28/2019	02:00PM	KENNEDY BELLMORE HS	EAST MEADOW HS	
Sat	9/28/2019	02:00PM	VS NORTH HS	LEVITTOWN DIVISION	
Sat	9/28/2019	02:00PM	LAWRENCE HS	LYNBROOK HS	
Sat	9/28/2019	02:00PM	WANTAGH HS	PLAINEDGE HS	
Sat	9/28/2019	02:00PM	GLEN COVE HS	NORTH SHORE HS	
Sat	9/28/2019	02:00PM	BETHPAGE HS	MINEOLA HS	
Sat	9/28/2019	02:00PM	SOUTH SIDE HS	HEWLETT HS	
Sat	9/28/2019	02:00PM	FLORAL PARK HS	ROOSEVELT HS	
Sat	9/28/2019	02:30PM	SEAFORD HS	VS SOUTH HS	
Sat	10/5/2019	03:00PM	FREEPORT HS	OCEANSIDE HS	
Sat	10/5/2019	03:00PM	PORT WASHINGTON HS	FARMINGDALE	
Sat	10/5/2019	03:00PM	MASSAPEQUA HS	HEMPSTEAD HS	
Sat	10/5/2019	03:00PM	UNIONDALE HS	SYOSSET HS	
Sat	10/5/2019	03:00PM	BALDWIN HS	HICKSVILLE HS	
Sat	10/5/2019	03:00PM	PLAINVIEW JFKHS	WESTBURY HIGH SCHOOL	

Sat	10/5/2019	03:00PM	COLD SPRING HARBOR HIGH SCHOOL	SEAFORD HS	
Sat	10/5/2019	03:00PM	CARLE PLACE HS	CLARKE HS	WHEATLEY HS
Sat	10/5/2019	03:00PM	LOCUST VALLEY HS	MALVERNE HS	
Sat	10/5/2019	03:00PM	WEST HEMPSTEAD HS	EAST ROCKAWAY	
Sat	10/5/2019	03:00PM	VS SOUTH HS	OYSTER BAY HS	
Sat	10/5/2019	03:00PM	ISLAND TREES HS	FRIENDS ACADEMY	
Sat	10/5/2019	03:00PM	CALHOUN HS	GARDEN CITY HS	
Sat	10/5/2019	03:00PM	LONG BEACH HS	KENNEDY BELLMORE HS	LONG BEACH MS
Sat	10/5/2019	03:00PM	MANHASSET HS	CAREY HS	
Sat	10/5/2019	03:00PM	MEPHAM HS	MAC ARTHUR HS	
Sat	10/5/2019	03:00PM	SEWANHAKA HS	NEW HYDE PARK HS	
Sat	10/5/2019	03:00PM	EAST MEADOW HS	ELMONT HIGH SCHOOL	
Sat	10/5/2019	03:00PM	HERRICKS HS	VS CENTRAL HIGH SCHOOL	
Sat	10/5/2019	03:00PM	LAWRENCE HS	PLAINEDGE HS	
Sat	10/5/2019	03:00PM	MINEOLA HS	FLORAL PARK HS	HAMPTON STADIUM
Sat	10/5/2019	03:00PM	LYNBROOK HS	WANTAGH HS	MARION ST.
Sat	10/5/2019	03:00PM	VS NORTH HS	SOUTH SIDE HS	
Sat	10/5/2019	03:00PM	LEVITTOWN DIVISION	GLEN COVE HS	
Sat	10/5/2019	03:00PM	ROOSEVELT HS	BETHPAGE HS	
Sat	10/5/2019	03:00PM	NORTH SHORE HS	HEWLETT HS	
Sat	10/12/2019	02:00PM	FREEPORT HS	BALDWIN HS	
Sat	10/12/2019	02:00PM	UNIONDALE HS	OCEANSIDE HS	
Sat	10/12/2019	02:00PM	FARMINGDALE	MASSAPEQUA HS	
Sat	10/12/2019	02:00PM	WESTBURY HIGH SCHOOL	SYOSSET HS	
Sat	10/12/2019	02:00PM	HEMPSTEAD HS	PLAINVIEW JFKHS	
Sat	10/12/2019	02:00PM	HICKSVILLE HS	PORT WASHINGTON HS	
Sat	10/12/2019	02:00PM	COLD SPRING HARBOR HIGH SCHOOL	VS SOUTH HS	
Sat	10/12/2019	02:00PM	WEST HEMPSTEAD HS	SEAFORD HS	
Sat	10/12/2019	02:00PM	CLARKE HS	LOCUST VALLEY HS	
Sat	10/12/2019	02:00PM	FRIENDS ACADEMY	EAST ROCKAWAY	
Sat	10/12/2019	02:00PM	MALVERNE HS	ISLAND TREES HS	
Sat	10/12/2019	02:00PM	OYSTER BAY HS	CARLE PLACE HS	MEMORIAL FLD.

Sat	10/12/2019	02:00PM	VS CENTRAL HIGH SCHOOL	MANHASSET HS	MEMORIAL JHS
Sat	10/12/2019	02:00PM	SEWANHAKA HS	KENNEDY BELLMORE HS	
Sat	10/12/2019	02:00PM	MAC ARTHUR HS	CAREY HS	
Sat	10/12/2019	02:00PM	ELMONT HIGH SCHOOL	HERRICKS HS	
Sat	10/12/2019	02:00PM	LONG BEACH HS	MEPHAM HS	LONG BEACH MS
Sat	10/12/2019	02:00PM	GARDEN CITY HS	EAST MEADOW HS	
Sat	10/12/2019	02:00PM	NEW HYDE PARK HS	CALHOUN HS	
Sat	10/12/2019	02:00PM	HEWLETT HS	LYNBROOK HS	
Sat	10/12/2019	02:00PM	LEVITTOWN DIVISION	FLORAL PARK HS	
Sat	10/12/2019	02:00PM	SOUTH SIDE HS	WANTAGH HS	
Sat	10/12/2019	02:00PM	BETHPAGE HS	NORTH SHORE HS	
Sat	10/12/2019	02:00PM	MINEOLA HS	VS NORTH HS	HAMPTON STADIUM
Sat	10/12/2019	02:00PM	PLAINEDGE HS	ROOSEVELT HS	
Sat	10/12/2019	03:00PM	GLEN COVE HS	LAWRENCE HS	
Sat	10/19/2019	02:00PM	FARMINGDALE	FREEPORT HS	
Sat	10/19/2019	02:00PM	OCEANSIDE HS	PLAINVIEW JFKHS	
Sat	10/19/2019	02:00PM	MASSAPEQUA HS	WESTBURY HIGH SCHOOL	
Sat	10/19/2019	02:00PM	PORT WASHINGTON HS	UNIONDALE HS	
Sat	10/19/2019	02:00PM	HEMPSTEAD HS	BALDWIN HS	
Sat	10/19/2019	02:00PM	SYOSSET HS	HICKSVILLE HS	
Sat	10/19/2019	02:00PM	CLARKE HS	COLD SPRING HARBOR HIGH SCHOOL	
Sat	10/19/2019	02:00PM	SEAFORD HS	ISLAND TREES HS	
Sat	10/19/2019	02:00PM	LOCUST VALLEY HS	FRIENDS ACADEMY	
Sat	10/19/2019	02:00PM	CARLE PLACE HS	WEST HEMPSTEAD HS	
Sat	10/19/2019	02:00PM	MALVERNE HS	VS SOUTH HS	
Sat	10/19/2019	02:00PM	EAST ROCKAWAY	OYSTER BAY HS	
Sat	10/19/2019	02:00PM	KENNEDY BELLMORE HS	NEW HYDE PARK HS	
Sat	10/19/2019	02:00PM	CALHOUN HS	SEWANHAKA HS	
Sat	10/19/2019	02:00PM	MAC ARTHUR HS	MANHASSET HS	
Sat	10/19/2019	02:00PM	HERRICKS HS	LONG BEACH HS	
Sat	10/19/2019	02:00PM	CAREY HS	ELMONT HIGH SCHOOL	
Sat	10/19/2019	02:00PM	VS CENTRAL HIGH SCHOOL	EAST MEADOW HS	MEMORIAL JHS

Sat	10/19/2019	02:00PM	FLORAL PARK HS	GLEN COVE HS	
Sat	10/19/2019	02:00PM	LAWRENCE HS	LEVITTOWN DIVISION	
Sat	10/19/2019	02:00PM	SOUTH SIDE HS	LYNBROOK HS	
Sat	10/19/2019	02:00PM	VS NORTH HS	PLAINEDGE HS	
Sat	10/19/2019	02:00PM	NORTH SHORE HS	MINEOLA HS	
Sat	10/19/2019	02:00PM	HEWLETT HS	ROOSEVELT HS	
Sat	10/19/2019	02:30PM	WANTAGH HS	BETHPAGE HS	
Sat	10/19/2019	03:00PM	MEPHAM HS	GARDEN CITY HS	
Sat	10/26/2019	02:00PM	FREEPORT HS	HEMPSTEAD HS	
Sat	10/26/2019	02:00PM	SYOSSET HS	OCEANSIDE HS	
Sat	10/26/2019	02:00PM	BALDWIN HS	FARMINGDALE	
Sat	10/26/2019	02:00PM	MASSAPEQUA HS	UNIONDALE HS	
Sat	10/26/2019	02:00PM	WESTBURY HIGH SCHOOL	HICKSVILLE HS	
Sat	10/26/2019	02:00PM	COLD SPRING HARBOR HIGH SCHOOL	MALVERNE HS	
Sat	10/26/2019	02:00PM	EAST ROCKAWAY	SEAFORD HS	
Sat	10/26/2019	02:00PM	VS SOUTH HS	CLARKE HS	
Sat	10/26/2019	02:00PM	LOCUST VALLEY HS	WEST HEMPSTEAD HS	
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Sat	10/26/2019	02:00PM	LONG BEACH HS	CAREY HS	LONG BEACH MS
Sat	10/26/2019	02:00PM	GARDEN CITY HS	MAC ARTHUR HS	
Sat	10/26/2019	02:00PM	MANHASSET HS	NEW HYDE PARK HS	
Sat	10/26/2019	02:00PM	KENNEDY BELLMORE HS	VS CENTRAL HIGH SCHOOL	
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Sat	10/26/2019	02:00PM	MINEOLA HS	WANTAGH HS	HAMPTON STADIUM
Sat	10/26/2019	02:00PM	PLAINEDGE HS	SOUTH SIDE HS	
Sat	10/26/2019	02:00PM	BETHPAGE HS	VS NORTH HS	
Sat	10/26/2019	02:00PM	FLORAL PARK HS	HEWLETT HS	
Sat	10/26/2019	02:00PM	ROOSEVELT HS	LAWRENCE HS	
Sat	10/26/2019	02:30PM	ELMONT HIGH SCHOOL	MEPHAM HS	

Sat	10/26/2019	03:00PM	PLAINVIEW JFKHS	PORT WASHINGTON HS	
Sat	10/26/2019	03:00PM	LYNBROOK HS	GLEN COVE HS	MARION ST.
Sat	11/2/2019	02:00PM	BALDWIN HS	WESTBURY HIGH SCHOOL	
Sat	11/2/2019	02:00PM	CALHOUN HS	KENNEDY BELLMORE HS	
Sat	11/2/2019	02:30PM	OCEANSIDE HS	MASSAPEQUA HS	
Sat	11/2/2019	03:00PM	UNIONDALE HS	FREEPORT HS	
Sat	11/2/2019	03:00PM	HICKSVILLE HS	FARMINGDALE	
Sat	11/2/2019	03:00PM	PLAINVIEW JFKHS	SYOSSET HS	
Sat	11/2/2019	03:00PM	PORT WASHINGTON HS	HEMPSTEAD HS	
Sat	11/2/2019	03:00PM	WEST HEMPSTEAD HS	COLD SPRING HARBOR HIGH SCHOOL	
Sat	11/2/2019	03:00PM	SEAFORD HS	LOCUST VALLEY HS	
Sat	11/2/2019	03:00PM	OYSTER BAY HS	CLARKE HS	MEMORIAL FLD.
Sat	11/2/2019	03:00PM	VS SOUTH HS	FRIENDS ACADEMY	
Sat	11/2/2019	03:00PM	ISLAND TREES HS	EAST ROCKAWAY	
Sat	11/2/2019	03:00PM	CARLE PLACE HS	MALVERNE HS	
Sat	11/2/2019	03:00PM	MANHASSET HS	GARDEN CITY HS	
Sat	11/2/2019	03:00PM	ELMONT HIGH SCHOOL	MAC ARTHUR HS	
Sat	11/2/2019	03:00PM	SEWANHAKA HS	VS CENTRAL HIGH SCHOOL	
Sat	11/2/2019	03:00PM	MEPHAM HS	HERRICKS HS	
Sat	11/2/2019	03:00PM	NEW HYDE PARK HS	LONG BEACH HS	
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Sat	11/2/2019	03:00PM	LAWRENCE HS	FLORAL PARK HS	
Sat	11/2/2019	03:00PM	LYNBROOK HS	PLAINEDGE HS	MARION ST.
Sat	11/2/2019	03:00PM	BETHPAGE HS	SOUTH SIDE HS	
Sat	11/2/2019	03:00PM	LEVITTOWN DIVISION	HEWLETT HS	
Sat	11/2/2019	03:00PM	VS NORTH HS	NORTH SHORE HS	
Sat	11/2/2019	03:00PM	GLEN COVE HS	MINEOLA HS	
Sat	11/2/2019	03:00PM	WANTAGH HS	ROOSEVELT HS	