



NASSAU COUNTY HIGH SCHOOL
FOOTBALL COACHES ASSOCIATION
LONG ISLAND, NEW YORK

2019 HIGH SCHOOL FOOTBALL SHOWCASE

Presented By

Nassau County High School Football Coaches
Association

SAVE THE DATE

Date: May 18, 2019
Time: 10:00 – 1:00pm
Place: MacArthur High School
Attendees: Rising Sophomores/Juniors/Seniors

Format:

Warm Up

Instructions

Offensive position drills – Quarterbacks, Running backs, Offensive Line,
Tight Ends, Receivers

Defensive position drills – Defensive Line, Inside Linebackers, Outside
Linebackers, Defensive Backs

One on One

Special teams: Kickers, Punters, Long Snappers, Holders, Returners

Equipment: Helmet and Shoulder pads

****This showcase is NON-CONTACT. The equipment is for protection
only****

****This is NOT a combine. This is a NON-CONTACT showcase****
****Skills and Drills with College Coaches****



***CHAMPION
PHYSICAL
THERAPY***

