

Team Preview: St. Dominic - Bayhawks

2016 In Review: The Bayhawks finished with a 2-6 record in the CHSFL League A as injuries were too much to overcome.

Departures: Victor Opera Muhlenberg Football and James Doherty LIU Post Football

Offense: the Bayhawks run a Pistol offense and the following players return; Tommy Rooney senior RB 5'11 175 had 285 yards rushing-3 td's, Ahmir Lyles OL 5'11 235, Mike Poncet senior WR 5'6 162 had 51 receptions-1 td catch-127 all-purpose yards, Jack Doherty junior OL 5'11 220 had 5 pancakes and Jack Rooney junior WR 5'7 165. Newcomers are Liam Linden sophomore OL 6'0 225 transfers in from St. John the Baptist and Carter Cassese junior QB 6'1 150 transfers in from Commack HS.

Defense: they play a 4-4-3 defense and the following players returning; Tommy Rooney senior Safety had 27 tackles-2 interceptions-1 fumble recovered, Ahmir Lyles DT had 39 tackles-1 sack-10 QB hurries, Brian Ford senior CB 5'11 185 had 32 tackles-2 interceptions-1 forced fumble, Mike Poncet senior CB had 35 tackles-2 interceptions-1 forced fumble, Jack Doherty junior DL and Jack Rooney junior CB had 22 tackles-1 interception-2 fumble recoveries. A newcomer is Liam Linden sophomore DL.

Schedule:

Saturday, 9/09, @ Cardinal Spellman, 1:30PM

Friday, 9/15, Nazareth, 7PM

Friday, 9/22, @ Xaverian, 7PM

Friday, 9/29, Kennedy Catholic, 7PM

Friday 10/13, Xaverian, 7PM

Saturday, 10/21, @ Nazareth, TBA PM

Friday, 10/27, Cardinal Spellman, 7PM

Friday, 11/03, @ Kennedy Catholic, 7PM

Schedule is courtesy of www.nychsfl.org

Question Marks: The Bayhawks continue to make strides since they left the public schools to join the NYCHSFL a few years back and I like this year's squad and if key players live up to their abilities they could make a run at a league title

Recruiting: Seniors Tommy Rooney, Ahmir Lyles, Brian Ford and Mike Poncet all can play in college at some level

Coach's Comments: We return our entire secondary and thus that is the strength of our defense. Our backfield is the strength of our offense. We played a lot of 9th and 10th graders last season so that should help us. Coach Robert Ploth now in his 2nd season