

Team Preview: Lynbrook – Owls

2016 In Review: The Owls finished with a 2-6 record in Conference III losing 4 games by a total of 15 points with a very young team

Departures: Not Available

Offense: the Owls run a Spread offense and have the following players returning; Thomas Urena senior TE 5'10 195, Matthew Renz senior Center 5'10 245 is the top center in conference III, Steve Hendrickson senior Athlete 5'11 175 can play many positions, Jon Cabral-Martin junior RB had 398 yards-5 td's, Joey Castillo senior QB 6'1 170 ran for 598 yards-threw for 422 yards and Gerald D'Agostino senior OL 6'3 235 is a solid player. Newcomers are James Gillespie junior RB 5'8 165 and Tyler Heaney junior RB 5'8 175.

Defense: they play a 3-5-3 defense and have the following players returning; Thomas Urena senior MLB had 124 tackles-HM All County, Matthew Renz senior NG had 54 tackles, Steve Hendrickson senior DB, Jon Cabral-Martin junior and Gerald D'Agostino senior DL. Newcomers are James Gillespie junior DB and Tyler Heaney junior OLB.

Special Teams: To be decided in camp

Schedule:

Saturday, 9/09, @ Bethpage, 2PM
Saturday, 9/16, Hewlett, 2PM
Saturday, 9/23, @ Roosevelt, 2PM
Thursday, 9/28, Glen Cove, 4:30PM
Saturday, 10/07, @ Wantagh, 3PM
Saturday, 10/14, @ Valley Stream North, 2PM
Saturday, 10/21, Lawrence, 2PM
Saturday, 10/28, Roslyn, 2PM

Schedule is courtesy of nassauboces.org

Question Marks: Ranked 6th in the Nassau County Pre-Season Conference III. They had a very young team in 2016 and expect big gains this season however while I see them making the playoffs I expect they will have difficult time advancing too far.

Recruiting: Seniors Thomas Urena, Matthew Renz and Steven Hendrickson all have DIII potential

Coach's Comments: We always have a big squad (65 players) so we play a two platoon system on both sides of the ball. Our Passing and Running game are both strong and our defense has been revamped to get the most out of our talent. The Owls have made the playoffs 11 of the last 12 years which is a school record. Coach Stephen Locicero now in his 12th year