

Team Preview: Lynbrook – Owls

2017 In Review: The Owls finished with a 3-6 record in Conference III losing in the 1st round of the playoffs with a very young team.

Departures: Not Available

Offense: the Owls run a Spread offense and have the following players returning; Jonathan Cabral Martin senior RB 5'10 185 is a two year starter that had over 1000 total yards last season, John DiBenedetto, senior QB 5'10 175 is a 1st year starter at QB, James Gillespie senior RB 5'7 155 had 498 yards rushing/5 td's, Tyler Heaney senior RB 5'7 170, Dominick Barbuto junior OL 6'1 195 and Mason Pontrelli senior WR 5'9 165. Newcomers are Daniel Dalrymple junior RB 5'9 165 and Jack Rogers junior WR 5'8 150.

Defense: they play a 3-5-3 defense and have the following players returning; Jonathan Cabral Martin LB, John DiBenedetto, Safety had 54 tackles, Tyler Heaney LB had 58 tackles and Dominick Barbuto LB had 72 tackles. Newcomers are Daniel Dalrymple DB and Jack Rogers DB.

Special Teams: To be decided in camp

Schedule:

Saturday, 9/08, Valley Stream North, 2:00PM
Saturday, 9/15, @ Lawrence, 2:00PM
Saturday, 9/22, Valley Stream South, 2:00PM
Thursday, 9/27, @ South Side, 5:00PM
Saturday, 10/06, Bethpage, 6:15PM
Saturday, 10/13, @ Floral Park, 2:00PM
Saturday, 10/20, @ Roosevelt, 2:00PM
Saturday, 10/27, North Shore, 2:00PM

Schedule is courtesy of nassauboces.org

Question Marks: Ranked 8th in the Nassau County Pre-Season Conference III. The Owls return many players who played as underclassmen however this is such a tough conference that it will be hard for them to finish above .500

Recruiting: Senior Jonathan Cabral Martin should play at the next level

Coach's Comments: We will have a balanced attack with perimeter athletes and with an experienced defense returning 7 in addition, the Owls will again be a two platoon with 50+ players on the varsity roster. We have a strong running/passing game and we hope to return to the Big 4 championship for the 6th time in 13 years. Coach Stephen Locicero now in his 14th season