

Team Preview: East Meadow - Jets

2016 In Review: The Jets finished with a 4-5 record in Conference I losing in the 1st round of the playoffs but they had many injuries last year.

Departures: Anthony Larosa Cortland Lacrosse and Paul Imperiale Cortland Football.

Offense: the Jets run a Flexbone offense and have the following players returning; Mike Dolley senior 6'0 215 had 68 carries-350 yards rushing-5 td's, Shawn Regan senior QB 5'8 165 had 12 carries-100 yards rushing-1 td, Liam Laskowski senior OT 6'2 265, Mike Grech senior FB 5'7 190 had 10 carries-50 yards rushing and Eddie Buckhaults senior OT 6'0 175. Newcomers are Mike Wood senior RB was hurt last year DNP, Jimmy Morkos junior OT 6'2 250 played a lot as a sophomore last year, John Grigonis senior WR 5'10 160 and Will Ospina junior RB 5'7 175.

Defense: they play a 3-4-4 defense and have the following players returning; Tyler Love senior LB 6'1 190 had 51 tackles-2 sacks Mike Dolley senior LB had 10 tackles, Shawn Regan senior DB had 14 tackles-1 interception, Liam Laskowski senior DE had 35 tackles, Mike Grech senior LB had 32 tackles and Eddie Buckhaults senior LB had 17 tackles-1 sack. Newcomers are Mike Wood senior DB, Jimmy Morkos junior DT, John Grigonis senior DB and Will Ospina junior DB.

Special Teams: To be decided in camp

Schedule:

Saturday, 9/09, Baldwin, 2PM
Saturday, 9/16, @ Oceanside, 2PM
Saturday, 9/23, Hicksville, 2PM
Thursday, 9/28, @ Plainview JFK, 6:30PM
Saturday, 10/07, Farmingdale, 3PM
Saturday, 10/14, @ Syosset, 2PM
Friday, 10/20, @ Freeport, 6:30PM
Saturday, 10/28, Long Beach, 2PM

Schedule is courtesy of nassauboces.org

Question Marks: Ranked 8th in the Nassau County Pre-Season Conference I. Coach Mascia has stepped down and many of his assistant coaches also left. The JV coach Doug Bange has been promoted to HC having said that they do have a large senior presence so we will have to wait and see.

Recruiting: Senior Tyler Love should be a DIAA recruit while seniors Mike Dolley and Liam Laskowski should play somewhere.

Coach's Comments: New coaching staff for the 1st time in 15 years however we will still look to pound the ball with a few new wrinkles on defense. We still expect to make the playoffs and be successful. Coach Doug Bange in his 1st season